

# Welcome to Preschool for 2021

## NEWSLETTER February 2021

### Important Dates.....

- Term 1 starts 28<sup>th</sup> January.
- Preschool AGM March – exact date & time TBA
- Term 1 ends Thursday 1<sup>st</sup> April.
- Easter - Friday 2<sup>nd</sup> to Monday 5<sup>th</sup> April – Preschool is Closed.
- School holidays run from 6<sup>th</sup> to 18<sup>th</sup> April – Preschool is closed.
- Term 2 starts Monday 19<sup>th</sup> April.



Service  
NSW

Please sign in with the  
Service NSW QR code  
**EVERY TIME** you visit  
preschool. Thank you.



### COVID-19 Health Declaration & QR code

Please visit our website and check the **Health Declaration** and **NSW Health Covid-19 Case locations EVERY day** prior to visiting Preschool to ensure you meet the current declaration requirements upon signing your child in each day. You will find the declaration and a link to NSW Health's latest information on the homepage of our website as shown in the snapshot below. **QR codes are now mandatory in all NSW businesses** so please ensure you check in EVERY time you visit preschool.

**Thank you for working with us to keep everyone safe.**



### Springwood and District Preschool Kindergarten

Welcome. If you or someone you know, maybe a friend or relative, has a child who would like to come to preschool, please click on this link directly below or enquire by email [admin@springwoodpreschool.org.au](mailto:admin@springwoodpreschool.org.au) or phone 4751 3360.

ONLINE WAITING LIST

### Covid-19 Health Declaration

Please read the attached Health Declaration and the NSW Health Latest Covid Case locations every day prior to arriving at Preschool. You will be asked everyday to sign to acknowledge that you have read and adhere to the details of the declaration thank you

Health Declaration COVID-19 for 2021

<https://www.health.nsw.gov.au/covid-19/health-declaration-and-updates>



'Like' us on Facebook [www.facebook.com/springwoodpreschool](https://www.facebook.com/springwoodpreschool)

Visit our Website for information & events  
[www.springwoodpreschool.org.au](http://www.springwoodpreschool.org.au)



## Allergy Alert: Please note that Preschool is a NUT FREE zone.

This includes all NUTS and nut products such as nutella and peanut butter. We have children diagnosed with allergies to nuts across both rooms. **In the WOMBAT room ONLY we have children with an allergy to**



**Pineapple**, and **in the POSSUM room ONLY we have children with allergies to CHICKPEAS and EGGS** so to support these children we ask families in their respective rooms not to bring nuts, nut products, pineapple, chick pea or chickpea products such as hummus or eggs in your child's lunchbox, *thank you for your assistance.*

**\* No Nuts both rooms, \*No Pineapple – Wombat room,**

**\*No Chickpea or Eggs – Possum room. Thank you**

## COVID-19 safe practices – Please don't bring your children if they are showing even the mildest cold symptoms.

**As per our Health Declaration, the expectation is that:**

- All children must not come to preschool if they are unwell. Even with very mild symptoms.
- Children who are absent due to cold or flu like illness or who develop flu like symptoms are not to return to preschool until they are **completely symptom free**. HOWEVER, it is the parent's decision whether to send their pre-schooler for a COVID-19 test.
- If any family member of an enrolled child is currently unwell and waiting on results of a COVID test, PLEASE DO NOT BRING YOUR CHILD TO PRESCHOOL UNTIL YOU HAVE RECEIVED A **negative COVID-19 test result** AND parents must email through the results to preschool before a child returns to preschool.
- Children have not taken any over the counter medication (paracetamol, ibuprofen, cough suppressant) in the last 24 hours.
- Entry will be refused to anyone with a temperature 38° or higher.
- Your child and no one in your household has been in contact with anyone who has returned from overseas travel in the last 14 days.
- Your child and no one in your household have visited or come into contact with anyone from the following hotspots as listed by the NSW Department of Health Latest COVID-19 case locations in NSW. To view the current case locations please visit: <https://www.nsw.gov.au/covid-19/latest-news-and-updates>

***If in doubt please ask an educator and refer to our Covid-19 policy attached to the newsletter.***



## SICK CHILDREN

As we have many first time families to the Preschool environment we would like to remind all families not to bring your child to Preschool if they are sick. A clear indicator is if you need to administer Panadol to your child on the morning that they are to attend Preschool then it is best not to bring them as; 1) Panadol masks bugs and does not fix bugs, 2) the sick germs pass to 20 other children and 4 staff in the room. **PLEASE** be kind to our teachers and children and keep your child at home!!! Children have limited hygiene awareness at this age and it is a daily occurrence for children with colds to sneeze in other children's & teachers faces. Do not be surprised to receive a phone call from us if your child is unwell or has a green nose and is spreading mucus to others.



## Late Pick ups & Late fees

This is a friendly reminder that our **closing time is 4pm.**

**Late fees are applied for late pickups from 4pm and are charged as follows; from 4pm to 4:10pm or any part of that time period is charged at \$20, and a further \$5 for each 5 minute period after 4:10pm will be charged.**



We understand that everyone is busy and there is always a lot going on but **you must** be within the preschool grounds with enough time to collect your child and leave preschool by our closing time of **4pm**. Please arrive no later than 3:55pm. It would be greatly appreciated if you could also remind any other adults who are authorised to pick up your child of these times too.

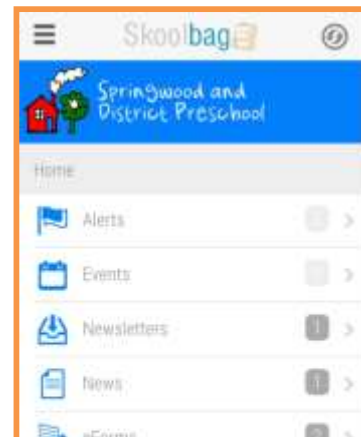
Should a late fee be incurred, it will be charged to your account. Two staff are required to be paid overtime to stay from 4pm with a child who is picked up late, hence the reason for late fees charged from 4pm.

We don't wish to appear unsympathetic however these times must be enforced for licence and insurance reasons. When children are not collected from the service by 4pm, the Preschool is breaching the conditions of its license. Furthermore, the preschool's public liability insurance only covers accident claims in conjunction with the conditions of our licence, i.e. between the hours as stated above.

Thank you for your co-operation and understanding in this matter.







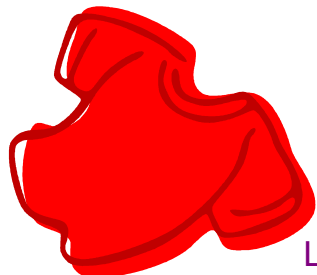
As one of our communication methods our preschool uses the Skoolbag app. The Skoolbag app allows us to send you reminders, newsletter, alerts, calendar events and text messages directly to your smartphone or android device. With technology at your fingertips you will never miss a thing!!!!

**For iPhone and iPad users:**

Go to the Apple App Store, search for "SkoolBag" and download the free SkoolBag app. After opening the app, **add your school (Springwood & District Preschool)** and you're ready to go!

**For Google Android Users:**

Go to the Google Play Store, search for "SkoolBag" and download the free SkoolBag app. After opening the app, **add your school (Springwood & District Preschool)** and you're ready to go!



## Preschool Clothing Prices

Sloppy Joe: \$20.50

T-Shirt: \$10.50

Bucket Hat: \$8.50



Let Kellie in the office know if you wish to purchase Items and they can be added to your account and paid by direct debit.

## **Attention: Do you hold a Concession or Health Care Card for your family?**

If you have a current Low Income Concession or Health Care Card and are not receiving subsidised fees at Preschool, please come to the office to discuss how we may be able to assist with subsidising your Preschool fees. The card must have all of your family members listed on the card to be eligible. If you think you may be eligible for a concession or Low Income health care card please visit the Centrelink website for information on eligibility;

<http://www.humanservices.gov.au/customer/subjects/concession-and-health-care-cards>

<http://www.humanservices.gov.au/customer/services/centrelink/low-income-health-care-card>



# THE HOLISTIC CENTRE FOR NEURODIVERSITY\*

## ABOUT US

We specialise in working therapeutically with autistic and neurodivergent children. We help children with their engagement and emotional regulation by using innovative, sensory-based strategies and resources. Our methods reduce anxiety by using different mediums to express the child's communication. All sessions are run by qualified and experienced educators with a therapeutic background.

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## OUR SMALL GROUP EARLY CHILDHOOD SESSIONS

The small groups provide gentle opportunities to develop natural social, language and communication between peers. We use art and music as a form of communication for ideas and feelings. These fun sessions are designed to spark a child's wonder and curiosity



### EARLY CHILDHOOD THERAPEUTIC ART

Our small group art sessions...

- build a child's confidence by exploring processes and skills through visual art-making
- deliver a variety of art mediums that are fun and engaging
- reduce anxiety for the child by taking a gentle, supportive and collaborative approach
- use multisensory equipment and material that is therapeutic in nature

### EARLY CHILDHOOD THERAPEUTIC MUSIC

Our small group music sessions...

- teach the child to listen to music as a tool to reduce anxiety
- adopt a whole-body approach that explores and discovers music, movement and language
- use therapeutic music instruments during movement and sound-making activities
- help the child's executive functioning and spatial awareness through song and movement

### EARLY CHILDHOOD THERAPEUTIC DANCE

Our small group dance sessions...

- teach the child how to move their body to release stressful energy and relax
- use movement to communicate thoughts and feelings
- help to develop a child's strength, coordination and gross motor skills
- encourage creativity and imagination

TERM 1 // 8 WEEKS // STARTS FEB 10

ART & MUSIC | WEDNESDAY MORNINGS  
DANCE | SATURDAY MORNINGS

Designed for autistic and neurodivergent children  
ages 4-7 years old  
NDIS self or plan-managed  
Early childhood intervention (group based): 15\_006\_0118\_1\_3

CALL TO BOOK | 0404 476 029

OR EMAIL [SARAH@THEHOLISTICCENTRE-ND.COM.AU](mailto:SARAH@THEHOLISTICCENTRE-ND.COM.AU)

THE HOLISTIC CENTRE FOR NEURODIVERSITY  
1/1-3 STATION STREET, WENTWORTH FALLS  
[theholisticcentre-nd.com.au](http://theholisticcentre-nd.com.au)





# Springwood and District Preschool Kindergarten

## Dealing with Infectious Diseases Policy COVID-19 (CORONAVIRUS)

### **Legislation:**

*Education and Care Services National Law Act 2010*  
*Education and Care Services National Regulation 2018*  
*United Nations Convention on the Rights of the Child 1989*

### **Quality Area 2: Children's Health & Safety**

*Education and Care Services National Regulations: 175.2C, 77; 88; 168*

*Education and Care Services National Law Act 2010: Section 167*

### **LINKS TO OTHER POLICIES/ DOCUMENTS**

- *Enrolment and Orientation*
- *Infectious Diseases*
- *Incidents, Injury, Trauma and Illness*
- *Cleaning and Maintaining the Environment*
- *Workplace Health and Safety*

### **Rationale:**

Springwood and District Preschool Kindergarten recognises the important role the service plays in the prevention of infection and illness amongst children and educators. Maintaining an effective level of hygiene is one of the most important and regularly implemented practices at preschool.

To meet the requirements of [Regulation 88](#) and [Regulation 168\(2\)\(c\)](#),

Our preschool is committed to providing a safe and healthy environment that reduces the chance of being infected or spreading **COVID-19**. In recognition of the rapid spread of this disease and the ongoing release of information from authorities, our service needs to respond swiftly and correctly to advice from authorities.

### **Aim:**

Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases. A novel coronavirus (nCoV) is a new strain that has not been previously identified in humans. COVID-19 is the infectious disease caused by the most recently discovered coronavirus. This new virus and disease were unknown before the outbreak began in Wuhan, China, in December 2019." (World Health Organisation)

### **Practices to reduce the chance of being infected or spreading COVID-19 will include:**

- Regularly and thoroughly cleaning hands with an antibacterial soap and water for at least 20 seconds, with an alcohol-based hand sanitiser or with soap and water.





- Encouraging children to avoid touching eyes, nose and general face area mouth as much as possible.
- Following good respiratory hygiene, when coughing or sneezing:
  - cover mouth and nose with bent elbow or tissue and
  - dispose of the used tissue immediately and
  - wash hands with soap and water or, if water is not available, use hand sanitiser
- Excluding children or staff who are unwell and reasonably suspected to have a communicable disease from the service until they are cleared by a doctor to return.
- Restricting excursions during this heightened risk period and conducting risk assessments prior in consideration of:
  - the latest advice from the Australian Health Protection Principle Committee (AHPPC) and
  - and those at high risk such as those with medical conditions.
- Encouraging social distancing where appropriate (*eg, parents coming to drop or pickup kids*)

**To help manage the spread and help maintain a hygienic we will increase our measures to prevent the spread of Covid-19 in our community. This will involve the following strategies**

- I. All families will be greeted at the front door by an educator, NO parents, carers, siblings will enter the preschool building
- II. Educators will seek families' verbal permission to sign their child in. an educator will sign each child into preschool
- III. each child will have their temperature taken before entering preschool
- IV. any child who is unwell or has a temperature 38° or higher will be asked to return home
- V. Children will be taken to wash their hands
- VI. Lunch boxes will be wiped over with soapy water before being put into the fridge
- VII. At pick up time we will follow a similar
- VIII. Under no circumstances are FAMILIES not to are to enter the preschool grounds.

Should there be any concerns regarding the health of a child at the service, families will be asked to seek medical attention. Further guidance may be sought from Health direct on **1800 022 222**.

#### **Cleaning and hygiene**

Our service maintains a clean and hygienic environment. During any infectious disease outbreak, routine environmental cleaning is increased in frequency, particularly on high-touch surfaces such as door handles, tables, light switches and bathroom areas and any toys/ surfaces which may have been mouthed or in contact with bodily fluids.

Surfaces are cleaned to reduce any soil, then disinfected to remove germs.

Further advice regarding infectious cleaning will be sought from the local Public Health Unit should there be any direct concern regarding the exposure of COVID-19 at the service.

#### **Social Distancing within the preschool**

- Encourage staff to keep their distance from others if possible.
- Exclude staff, children and visitors with symptoms of COVID-19 [External link](#) from your service – read more on [managing a sick staff member or child](#).
- Reconsider non-essential activities that involve close personal contact – for example excursions and incursions.
- Implement controls to reduce direct contact with others, such as:
  - barriers to create space at sign-in areas, seated areas etc.
  - modify shifts and rosters, or pick-up and drop-off times to reduce peak periods.
  - have staff collect children from outside the service.
  - support remote learning for families keeping their children at home for long periods.

#### **Environmental Cleaning within the preschool**

Use environmental cleaning to minimise the number of germs that survive on surfaces at your service.

Some germs can survive in the environment, usually on surfaces such as bench tops, door handles and toys. The length of time a germ can survive on a surface depends on the germ itself, the type of surface it has contaminated, and how often the surface is cleaned. Reducing the number of germs in the environment can break the chain of infection.



If we think a surface may be infected, clean it with a common household disinfectant to kill the virus and protect yourself and others. Clean hands with an alcohol-based hand rub or wash them with soap and water. Avoid touching your eyes, mouth, or nose.

### **Temperature Checks 19 within the preschool**

There is no requirement to check temperatures of children or staff. However our preschool has embedded daily temperature checks for staff, children and any person coming into the preschool. We understand that temperature checks aren't always effective at picking up people with COVID-19. This is because a significant proportion of people with COVID-19 don't have a fever. Temperature checks can also cause queues which prevent people from maintaining physical distancing.

We also use our own judgement to assess the health of a child – we typically know the children at your service well enough to recognise when they aren't feeling well.

### **Face Masks within the preschool**

Staff in education and care services are not required to wear masks under any legislation or public health order. Read the NSW Government's [guidelines on wearing masks](#)<sup>External link</sup>.

If staff feel more comfortable wearing a mask there is nothing in the National Law and Regulations to prevent them doing so. We also follow normal disease prevention measures including hand sanitising, appropriate social distancing between adults and excluding anyone with symptoms or who has been in contact with a confirmed case. The preschool has a supply of face masks on the premises in the event if required.

### **Cases of COVID 19 within the preschool**

1. If any **STAFF** member OR **CHILD** displays symptoms such as; temperature; dry cough; cold/flu like symptoms; sore throat fatigue and/or shortness of breath.

Responsible person on duty at the preschool will request

- a) For the sick person to go home and request they go to seek immediate medical advice;
  - b) Any child or staff member who is unwell the preschools follow infectious disease policy. the preschool is to follow the normal procedures
  - c) The preschool given these pandemic times will request that they have a *clearance letter* from their upon returning to the preschool environment.
2. If any child or staff member at your service has **TESTED POSITIVE** to COVID-19 . The preschool must –
    - a) The preschool must notify families at the preschool.
    - b) Notify and seek advice from your local *Public Health Unit* when the infectious disease has impacted your service. And follow the procedures they say we must follow from that point forward.
    - c) Also ask the health department to put instructions in writing in an email.  
Your local Public Health unit can be contacted on 1300 066 055.
    - d) The preschool will follow the NSW Health Departments guidelines and at this time the preschool may be requested to close for 14 days.
    - e) The preschool while closed will have a deep clean.
    - f) Notify the NSW Regulatory Authority (NSW Department of Education) within 24 hours. The preschool will be required to report any risk or incident of infectious disease.



The poster is for Mini Roos 5-7 yr Old Boys & Girls football. It features the Mini Roos logo at the top left. The text '5 - 7 yr Old Boys & Girls COME AND PLAY FOOTBALL' is prominently displayed. Below this, a green box contains the following information: Club: Springwood United Football Club; Venue: Summerhayes Park, Winmalee; Start date: 8:30 - 11:30am Every Saturday; Price: \$60 after \$100 Active Kids Voucher; Contact: ssf@springwoodunited.com.au. The bottom half of the poster shows a group of children playing football on a grassy field. In the bottom right corner, there is a circular logo for Springwood United Football Club and a 'REGISTER' button with the website www.playfootball.com.au.

- The preschool will follow at foremost the services' ***Infectious Diseases Policy***.

