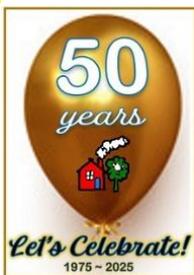


March

2026 NEWSLETTER

Important Dates...

- **Wear PINK -Wed 18th**
- **Harmony week - Tues 17th & Thurs 19th of March - Family gathering - [details on your email](#)**
- **Billy Cart Derby Thurs 2nd April @ Springwood Public School**
- **Term 1 last day is Thurs 2nd April.**
- **Good Friday 3rd April – Preschool is closed**
- **School holidays 4th-19th April – Preschool is closed**
- **Preschool closed Monday 20th April – Staff Development Day**
- **Term 2 starts Tues 21st April**



MARCH 2026

'Like' us on Facebook:

www.facebook.com/springwoodpreschool

Visit our Website

for information & events:

www.springwoodpreschool.org.au

Wear PINK on Wed 18th March

This Wednesday, 18th March, the NSW Government will begin discussions for the 2026–27 State Budget. On the same day, the NSW Legislative Council Estimates Committee will be reviewing funding for Early Childhood Education and Care (ECEC). These discussions influence how services like ours are supported, how programs are funded, and how the early years are prioritised across the state.

To help raise awareness and remind decision-makers that children must always come first, our preschool educators and community took part in a day of action last year. We're inviting our preschool community to wear pink again tomorrow on Wednesday. This simple act is part of a statewide show of support for fair wages and strong investment in early learning.

By joining in, you're helping our sector be seen, heard, and valued. Your support sends a powerful message that families, educators, and communities all want the same thing—quality early learning for every child.

Thank you for standing with us and for always championing the importance of the early years!

Term dates

- Term 1 ends Thurs 2nd April
- Preschool is closed for Easter & school holidays 3-19 April
- Preschool is closed for Staff Development - Mon 20th April
- Term 2 begins Tuesday 21st April



2026 Management Committee

Springwood & District Preschool's Annual General Meeting was held on Thursday 12th March.

Our Executive Management Committee members for 2026 are;

President: Patricia Wilby
Vice President: Shannon Frasa
Secretary: Tahlia Fox
Treasurer: Meaghan Blattman

We have received such generous support already from our new and existing families on the Management Committee and we would like to thank everyone for their involvement, and we look forward to a wonderful year ahead.



BILLY CART DERBY THURSDAY CHILDREN

On **Thursday 2nd April** our **Thursday children** will be going on an excursion to Springwood Public School for their Annual Billy Cart Derby Day!

Details will be shared by the Possum & Wombat teams via email very soon!

SAVE THE DATE

Mothers Day craft & Family Gathering at Preschool



Tuesday 28th & Thursday 30th April

Details will be shared with families about an afternoon for family or someone special to visit preschool.

We look forward to seeing you.

These and other important dates and events can be found on our **Website Calendar**



Policies currently under review.....

Information & Record Keeping

- No changes, just reviewing to comply with regulations <http://springwoodpreschool.org.au/wp-content/uploads/2025/03/Information-and-Record-Keeping-Policy.pdf>

Governance Management Committee Roles and Responsibilities

- Annual review to support newly appointed management positions <http://springwoodpreschool.org.au/wp-content/uploads/2025/03/Governance-Management-Committee-Roles-and-Responsibilites-Copy.pdf>

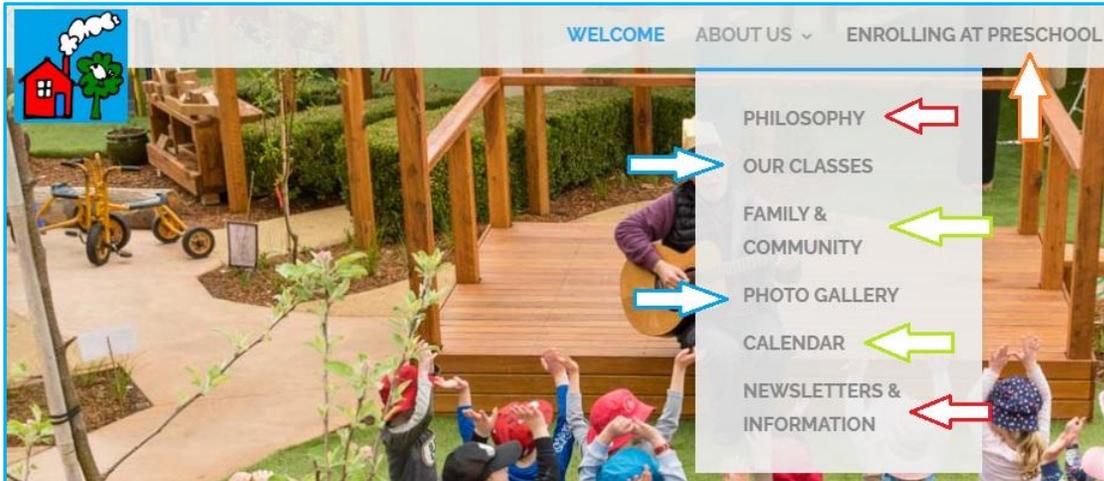
Commendation & Complaints

- No changes, just reviewing to comply with regulations <http://springwoodpreschool.org.au/wp-content/uploads/2025/03/2023-Commendation-and-Complaints.pdf>



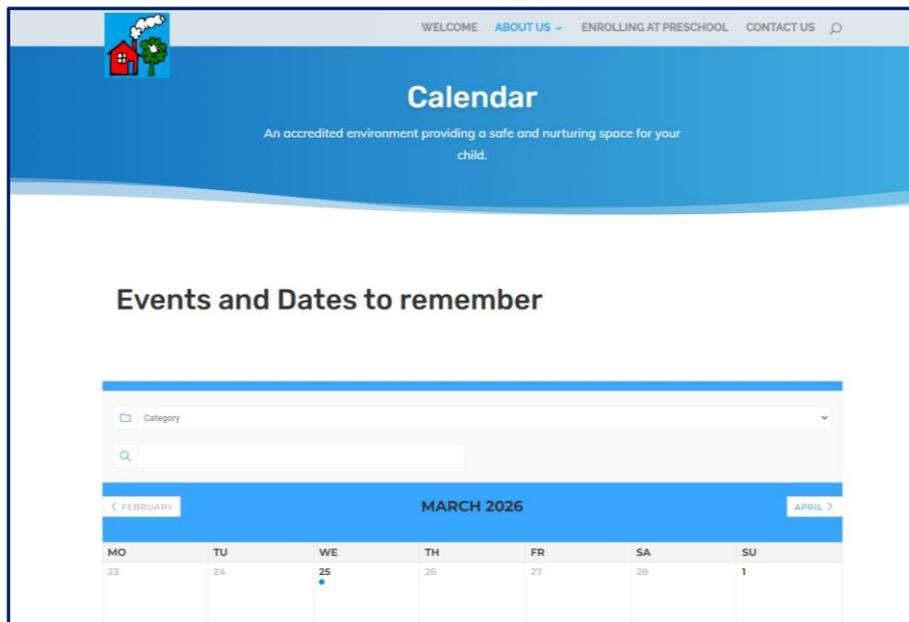
Website & Calendar

Our website has a lot of very helpful information for families about our preschool. It includes the Parent Handbook, newsletters, details about fees and enrolment, etc; <https://springwoodpreschool.org.au/>



If you are searching for upcoming dates, our Calendar is always available online on our website;

<https://springwoodpreschool.org.au/calendar/>





Parenting Programs TERM 2, 2026



Courses provided FREE to residents of Penrith & Blue Mtns LGAs.
[Click here to register online at gatewayfamilyservices.org.au](http://gatewayfamilyservices.org.au)

Program	Date/Time	Location	REGISTER NOW
<p>Circle of Security</p> <p>Seven week program that helps parents form secure relationships and stronger bonds with their children (0-12 yrs).</p>	<p>Every Wednesday</p> <p>13th May - 24th June</p> <p>10:00am - 11:30am</p>	<p>CALM Uniting Church</p> <p>72 Old Bathurst Rd</p> <p>BLAXLAND</p>	
<p>Tuning in to Teens</p> <p>Six week program that teaches parents to help children (10-18 yrs) understand and regulate their emotions.</p>	<p>Every Tuesday</p> <p>19th May - 23rd June</p> <p>7:00pm - 8:30pm</p>	<p>Online via</p> <p>ZOOM</p>	
<p>Fear-Less Triple P</p> <p>Six week program to help your child manage anxiety and become more emotionally resilient.</p>	<p>Every Tuesday</p> <p>26th May - 30th June</p> <p>7:00pm - 8:30pm</p>	<p>Bunya Childcare Centre</p> <p>54 White Cross Rd</p> <p>WINMALEE</p>	
<p>Bush Playgroup</p> <p>Four week interactive outdoor workshop for parents & carers and their children aged (3-5 yrs). One child per adult.</p>	<p>Every Friday</p> <p>29th May - 19th June</p> <p>9:30am - 11:30am</p>	<p>Lapstone Public School</p> <p>1/3 Achievement Ave</p> <p>LAPSTONE</p>	
<p>Blaxland playgroup</p> <p>Join us at our supported playgroup in Blaxland.</p> <p>NO NEED TO REGISTER, just come along! (0-5 yrs)</p>	<p>Thursdays during school term</p> <p>Starts 9:30am</p>	<p>Blaxland Public School</p> <p>Baden Place,</p> <p>BLAXLAND</p>	



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.





Circle of Security Parenting

7 week parenting program to develop secure relationships and stronger bonds with children.

 Term 2
2026
BLAXLAND

This 7 week program will teach you how to be a bigger, stronger, wiser, and kinder parent. *Circle of Security Parenting* is based on decades of research about how secure relationships can be supported and strengthened with children aged (0-12) years.

The program will cover:

- Understanding your child's behaviour
- Help your child feel secure in relationships
- Navigating your role as parent in tough times
- Supporting your child in managing difficult behaviours, tantrums and meltdowns

REGISTER NOW 



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.



Program details

Where: Uniting Church Hall
72 Old Bathurst Rd
Blaxland 2774

When: Wednesdays
13th May - 24th June
10:00am - 11:30am

Cost: FREE for residents of
Penrith & Blue Mtns LGA

Enquiries and registration:

Phone: 4720 6500

Email: groups@gatewayfamily.org.au

Web: www.gatewayfamily.org.au



Bush Playgroup

4 week interactive outdoor workshop for parents/carers and their children aged 3-5 years.

 Term 2
2026
LAPSTONE

Bush Playgroup is a 4-week interactive playgroup. The unique outdoor setting provides opportunities for children (3-5 years) to explore nature, socialise with other children, develop fine and gross motor skills and learn about the world around them.

Bush Playgroup sessions run for 2 hours. Children must be accompanied by a parent or caregiver.

- Connect with nature and each other through imaginative, sensory, and messy play
- Socialise and strengthen family relationships
- Learn about local bushland and using natural materials in craft making
- Activities include bushwalks, mud kitchen and campfire cooking

Program details

Where: Lapstone Public School
1/3 Achievement Ave
Lapstone

When: Fridays
29th May - 19th June
9:30am - 11:30am

Cost: FREE for residents of
Penrith & Blue Mtns LGA

For more information or to register via our website:

Phone: 4720 6500

Email: groups@gatewayfamily.org.au

Web: www.gatewayfamily.org.au

REGISTER NOW 



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Tuning in to Teens

6 week parenting program that supports you to help your adolescent develop emotional intelligence.

Term 2
2026
ONLINE

This 6 week program helps parents/carers teach their teenage children (10-18 yrs) to understand, control and express their emotions in healthy ways.

The program offers tools to recognise, understand and respond to teenage emotions and help parents manage their own emotional responses.

The program will cover:

- Foundations of emotion coaching
- Connecting and emotional acceptance
- Building connection and showing empathy
- Dealing with teen worry, sadness & anger
- Emotion coaching now and in the future

REGISTER NOW



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.



Program details

Where: Online via ZOOM

When: Tuesdays
19th May - 23rd June
7:00pm - 8:30pm

Cost: FREE for residents of Penrith & Blue Mtns LGA

Enquiries and registration:

Phone: 4720 6500

Email: groups@gatewayfamilyservices.org.au

Web: www.gatewayfamilyservices.org.au



Fear-Less Triple P

Six week parenting program to build resilience in children and help them break free from anxiety.

Term 2
2026
WINMALEE

Help your child manage anxiety and become more emotionally resilient.

In this six week program parents will be offered information about anxiety and provided with positive parenting strategies that support the development and behaviour of children (6-14 years) with anxiety.

The seminar will cover:

- Understanding how anxiety works
- Becoming the best possible model of anxiety management for all your children
- Becoming effective emotion coaches
- Understanding the value of flexible thinking
- Managing your children's anxiety effectively

REGISTER NOW



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.



Program details

Where: Bunya Childcare Centre
54 White Cross Rd Winmalee

When: Tuesdays
26th May - 30th June
7:00pm - 8:30pm

Cost: FREE for residents of Penrith & Blue Mtns LGA

For more information or to register via our website:

Phone: 4720 6500

Email: groups@gatewayfamilyservices.org.au

Web: www.gatewayfamilyservices.org.au

